

Trans Masculine Alliance Houston

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January 2024

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[Facebook](#)

[Discord](#)

[Meetup](#)

Leadership Team

George Zemanek, president

Nexus Arrant, vice president

Lee Mead, treasurer

Myles Steelman, social chair

Ben Zimmerman, member at large

Want to get involved?

We always need folks to help make our meetings, projects, and events happen. Please email us or fill out the [Volunteer Form](#).



What we've been up to...

Can you believe it's 2024 already! Wow! We've had a great year, with workshops, parties, and memorable meetings. The December 7th planning meeting gave group members the opportunity to participate in the planning process. A lot of good information came out of the meeting, including topics and meeting format ideas. For those who were unable to attend, please take a moment to fill out the [2024 Planning Survey](#). The results of this survey and the information gathered at the planning meeting will be used to guide 2024.

Do you have your TMAH t-shirt? These are available for \$10 at most of our meetings and events.

January 4th 6:30-8:00pm

New Year, New You

Room 111 of The Montrose Center

As we slide on into the new year, we often ask ourselves how we've grown over the past year and what we want for the new year. Join us for a lively conversation as we share our hopes and dreams for the future.

January 18th 6:30-8:30 pm

Game Night

Room 106 Montrose Center. Bring board games, snacks, and non-alcoholic drinks. Bring a friend/partner/sibling too!

This Month's Spotlights

FTMOver50



FTMOver50 is an online community for FTMs/Transmascs/Transmen/AFABs/etc who are 50+ and wish to discuss the challenges of aging. This Reddit group is very active and covers numerous issues relevant to transition and aging.

Check them out here! [FTMOver50](#)



Trans-Cendence International (TCI) provides peer support to transgender and gender diverse people as well as their Significant Others, Families, Friends, and Allies (SOFFAs). The group meets via zoom on the first and third Mondays of the month. 7:00-9:00pm.

Register for the Zoom meeting here:

https://us02web.zoom.us/meeting/register/tZYpcuQgrz4jEta-vMWM_AFsd5pSeJwU0uF8#/



Third Ward Jiu-Jitsu is a 501(c)(3) nonprofit in Houston, TX. Our mission is to provide affordable, inclusive self-defense to the Third Ward community.

Find out more at <https://www.thirdwardbjj.com/>