

Trans Masculine Alliance Houston

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October 2025

<https://tmahtx.org/>

transmasculinehouston@gmail.com

[Facebook](#)

[Discord](#)

[Meetup](#)

Leadership Team

George Zemanek, president

Ben Zimmerman, vice president

Al Mahlstedt, treasurer

Myles Steelman, social chair

Want to get involved?

We always need folks to help make our meetings, projects, and events happen. Please email us or talk to any of our board members for more information.



What we've been up to...

Happy October everyone! Jesse Draper led our September meeting discussion about mental health. We had a great discussion on how to support ourselves and our community. We lot of events and activities coming up, including Woodlands Pride and Katy Pride and are looking for volunteers. I am also really excited that Annette Zimmerman will be returning this year to lead her Fearless You training. I can't speak highly enough of this presentation. Everyone got so much out of it last year.

Upcoming Events

September 4, 6:30-8:30pm Regular Meeting "Fearless You: Unlocking Confidence for Life and Career"

Room 111, Montrose Center. Unlock personal and professional success by mastering confidence-building in this dynamic training class. Designed for anyone looking to develop unshakable self-belief, this course provides practical tools and strategies that can be immediately applied in various situations, from job interviews to networking. This engaging blend of hands-on activities, self-reflection, and real-world applications will empower you to reach your full potential in both your personal and professional life. By the end, you'll leave with renewed self-assurance and effective tools to enhance your confidence in real-life situations.

October 16, 6:30 – 8:30 pm Game Night

Room 107, Montrose Center.

Bring board games, snacks, and non-alcoholic drinks. Bring a friend/partner/sibling too! This month we will be doing a Halloween theme. Feel free to dress up!

Woodlands Pride October 25, 2025

Katy Pride October 18, 2025

We are in need of volunteers to help table these events. Email us at transmasculinehouston@gmail.com to sign up.

FEARLESS YOU

UNLOCKING CONFIDENCE FOR LIFE AND CAREER



- Identify and overcome limiting beliefs
- Embrace and love who you are
- Gain confidence and clarity
- Create and understand your personal brand

 October 2, 2025
6:30-8:30pm
Room 111 Montrose Center

TRIVIA NIGHT!

THURS, OCT 2 | 6 PM



COME SIGN UP FOR THE RED QUEEN 5K

PROCEEDS SUPPORT GENDER-AFFIRMING CARE

 \$2.75 WELLS · \$2.75 BEERS
FREE HOT DOGS
HAPPY HOUR 5-7PM

4218 WASHINGTON AVE

